

Polska efter Höök Olof Andersson
'Mitt Blanka ho' la' ner sej' (SvL Dalarna 1089)

Rättvik och Boda, Dalarna

The musical score is written in 3/4 time with a tempo marking of ♩ = 160. It consists of four staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. It includes a dynamic marking of *v* (pizzicato) and a first ending bracket labeled '1'. The second staff continues the melody and includes a second ending bracket labeled '2'. The third and fourth staves complete the piece with various rhythmic patterns and a final double bar line.

Mitt Blanka ho' la' ner sej, ho' la' sej mitt i åna.
Mitt Hans han gret,
höll i rumpan å slet.
Men gästbu'skullorna drog opp'nom.